

Healthy Discounts

GET HEALTHY, STAY HEALTHY AND SAVE MONEY WITH HEALTHY DISCOUNTS!



Manage your weight

WeightWatchers

www.weightwatchers.com/us/healthnet

866-896-2655 (TTY: 711)

Health Net partnered with WeightWatchers to help you reach your weight loss and wellness goals.

- The WW program allows you to lose weight while eating the foods you love, and guides you towards eating healthier, moving more, and developing a positive mindset.
- Health Net Medicare Plan Members get an exclusive discount. Please call Health Net Member Services at **1-800-275-4737** (TTY: **711**). From October 1 through March 31, our office hours are 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 through September 30, our office hours are Monday through Friday from 8:00 a.m. to 8:00 p.m. A messaging system is used after hours, weekends and on federal holidays.
- For more information, visit **WW.com/us/healthnet**
- Already a WW member? You can sync your current WW account to get this discount online or by contacting customer service at **866-896-2655** (TTY: **711**).



Find a Healthy Discounts partner

Call or go online. Make an appointment and be sure to show your Health Net ID card to receive your discount.

Chiropractic, acupuncture and more

ChooseHealthy

877-335-2746 (TTY: 711)

Sign up at www.healthnet.com (Group members) or www.myhealthnetca.com (Individual & Family Plan members) to access the ChooseHealthy website, found under the Wellness Center tab. Receive a 25 percent discount on fees from network acupuncturists, chiropractors and massage therapists.

Health and wellness products

ChooseHealthy & ChooseHealthy Store

877-335-2746 (TTY: 711)

Enroll at www.healthnet.com (Group members) or www.myhealthnetca.com (Individual & Family Plan members) to access the ChooseHealthy website, found under the Wellness Center tab. Through the ChooseHealthy store, you can buy health and wellness products at a discount. Health Net members receive free standard shipping on most orders

Visit www.eyemedvisioncare.com > Members > Login/Register and select "H" under the Discount Plan members to view Health Net discount program information (plan 9235003).



Hearing aids and screenings

Hearing Care Solutions

www.hearingcaresolutions.com

866-344-7756 (TTY: 711)

For more information or to make an appointment, call between Monday–Friday, 5 a.m. to 5 p.m. Pacific time or visit the Hearing Care Solutions website.

Health Net members and their families receive free hearing exams and discounts on hearing aids. All hearing aids include:

- Choice of up to 9 major manufacturers
- Fixed discounted pricing at multiple levels of technology
- 60-day evaluation period
- Three-year warranty (includes coverage for repair, loss and damage)
- 2-year supply of batteries (up to 128 cells per ear, included with purchase of non-rechargeable hearing aids only)
- Follow-up care for one year with the original fitting provider



Section 1557 Non-Discrimination Language

Notice of Non-Discrimination

Health Net complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Health Net:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact Health Net's Member Services at: **1-800-275-4737** (TTY: **711**). From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

If you believe that Health Net has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by calling the number above and telling them you need help filing a grievance; Health Net's Member Services is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>** or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019** (TDD: **1-800-537-7697**).

Complaint forms are available at **<http://www.hhs.gov/ocr/office/file/index.html>**.

Multi-Language Insert

Multi-Language Interpreter Services

Spanish: Contamos con servicios de interpretación gratuitos para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para obtener un intérprete, llámenos al **1-800-275-4737** (TTY: **711**). Alguien que habla español puede ayudarle. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费翻译服务，以便回答您可能对我们的健康或药物计划提出的任何问题。如需翻译，请拨打电话 **1-800-275-4737** (TTY: **711**)。会说汉语普通话的人员可为您提供帮助。此项服务免费。

Chinese Cantonese: 我們提供免費口譯服務，可回答您任何關於我們健康或藥物計劃的問題。若要取得口譯服務，請致電**1-800-275-4737** (TTY: **711**)。會說粵語的人員可以幫助您。此為免費服務。

Tagalog: Mayroon kaming libreng serbisyo ng tagasalin para sagutin ang anumang mga tanong na mayroon ka tungkol sa aming health o drug plan. Para kumuha ng tagasalin, tawagin lang kami sa **1-800-275-4737** (TTY: **711**). May nagsasalita ng Tagalog na puwedeng tumulong sa iyo. Ito ay libreng serbisyo.

French: Nous disposons de services d'interprétation gratuits pour répondre à toutes les questions que vous pouvez avoir sur notre régime de santé ou de médicaments. Pour entrer en contact avec un interprète, il suffit de nous appeler au **1-800-275-4737** (TTY : **711**). Une personne qui parle français peut vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch viên miễn phí để trả lời mọi câu hỏi quý vị có thể có về chương trình thuốc hoặc chương trình sức khỏe của chúng tôi. Để yêu cầu thông dịch viên, chỉ cần gọi cho chúng tôi theo số **1-800-275-4737** (TTY: **711**). Nhân viên nói tiếng Việt sẽ hỗ trợ quý vị. Dịch vụ này được miễn phí.

German: Unser kostenloser Dolmetscherdienst beantwortet mögliche Fragen zu Ihrem Gesundheits- oder Medikamentenplan. Wenn Sie einen Dolmetscher benötigen, rufen Sie uns gerne unter der folgenden Rufnummer an: **1-800-275-4737** (TTY: **711**). Sie erhalten Hilfe in deutscher Sprache. Dieser Service ist für Sie kostenlos.

Korean: 당사의 건강 또는 의약품 플랜과 관련해서 물어볼 수 있는 모든 질문에 답변하기 위한 무료 통역 서비스가 있습니다. 통역사가 필요한 경우, **1-800-275-4737**(TTY: **711**)번으로 당사에 문의해 주십시오. 한국어를 구사하는 통역사가 도움을 드릴 수 있습니다. 통역 서비스는 무료로 제공됩니다.

Russian: Если у вас возникли какие-либо вопросы о нашем плане медицинского страхования или плане с покрытием лекарственных препаратов, для вас предусмотрены бесплатные услуги переводчика. Чтобы воспользоваться услугами переводчика, просто позвоните нам по номеру **1-800-275-4737** (TTY: **711**). Вам поможет сотрудник, владеющий русским языком. Эта услуга предоставляется бесплатно.

Arabic: نوَقّر خدمات ترجمة فورية مجانية للإجابة على أي أسئلة قد تكون لديك حول خطة الصحة أو الدواء الخاصة بنا. للحصول على مترجم فوري، ما عليك سوى الاتصال بنا على الرقم **1-800-275-4737** (TTY: **711**). يمكن أن يساعدك شخص يتحدث العربية وهذه الخدمة مجانية.

Hindi: हमारे पास अपने हेल्थ या ड्रग प्लान को लेकर संभवतः आपके मन में उठने वाले सवालों के जवाब देने के लिए मुफ्त में दुभाषिया सेवाएं हैं. दुभाषिया पाने के लिए, बस **1-800-275-4737** (TTY: **711**) पर हमें कॉल करें. हिंदी जानने वाला कोई व्यक्ति आपकी मदद करेगा. यह सेवा मुफ्त में है.

Italian: Sono disponibili servizi di interpretariato gratuiti per rispondere a qualsiasi domanda possa avere in merito al nostro piano farmacologico o sanitario. Per usufruire di un interprete, è sufficiente contattare il numero **1-800-275-4737** (TTY: **711**). Qualcuno la assisterà in lingua italiana. È un servizio gratuito.

Portuguese: Temos serviços de intérprete gratuitos para responder a quaisquer dúvidas que possa ter sobre o nosso plano de saúde ou medicação. Para obter um intérprete, contacte-nos através do número **1-800-275-4737** (TTY: **711**). Um falante de português poderá ajudá-lo. Este serviço é gratuito.

French Creole: Nou gen sèvis entèprèt gratis pou reponn nenpòt kesyon ou ka genyen sou plan sante oswa medikaman nou an. Pou jwenn yon entèprèt, jis rele nou nan **1-800-275-4737** (TTY: **711**). Yon moun ki pale Kreyòl-Franse ka ede w. Sa a se yon sèvis gratis.

Polish: Dysponujemy bezpłatnymi usługami tłumaczeniowymi w celu odpowiedzi na dowolne pytania dotyczące naszych planów zdrowotnych i lekowych. Aby uzyskać pomoc tłumacza, zadzwoń pod numer **1-800-275-4737** (TTY: **711**). Osoba mówiąca po polsku może Ci pomóc. Ta usługa jest bezpłatna.

Japanese: 無料の通訳サービスを利用して、健康や医薬品に関するご質問にお答えします。通訳をご希望の場合は、**1-800-275-4737** (TTY: **711**) までお電話ください。日本語話者がお手伝いいたします。このサービスは無料です。

Healthy Discounts is not intended to take the place of any covered benefits and is offered to the member in addition to, rather than instead of, covered benefits. This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions. All programs are subject to change. Health Net Healthy Discounts offers discounts on health products and reduced-fee health services. Healthy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions regarding the Healthy Discounts program should be directed to Health Net's Member Services Department. Questions regarding a Healthy Discounts provider should be directed to that provider.

Price and availability: Discounts for Healthy Discounts products are based on the providers' regular retail prices and usual charges. Providers' prices and charges are subject to change without notice.

All discounted products and services are subject to availability. Some restrictions may apply. Liability: Health Net makes no endorsements or warranties on any of the products or services offered through the Healthy Discounts program and assumes no liability for such.

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